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Feng Shui Your Life: Second Edition



Synopsis

In this new and updated edition of a classic in feng shui and interior design, Jayme Barrett reveals how to transform your home so that it enriches, nourishes, and changes your life by bringing mind, body, and spirit into balance. New information includes tips for finding inner peace in today's technology-saturated world, adding storage solutions, making rented spaces your own, practicing nurturing and evening rituals, and more.

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Customer Reviews

I first tried feng shui as a teenager, where all I could do was my room since I lived with my parents. Almost NOTHING improved - not money, career, love, health, family...a little boost in reputation, but not much. I swore off feng shui for years due to my lame experience. That experience was after reading a different book about it, not sure if I should mention it's title, but it's a quick read, and turns it into pop culture rather than embodying the real heart and soul of feng shui. I felt compelled to try it again about two weeks ago. I got this book because it seemed like the best, and there was no way I wanted anything like the previous book. This has a pretty long portion that talks about clearing clutter, the mind, and other things instead of a bunch of quick fixes like the previous book I had. I found this book to be beautiful to look at, easy to read and understand, and follows a logical sequence - clear clutter, clean, and then worry about adding enhancements. Right now I am in between the clearing clutter and cleaning steps. I have different things going on in different baguas, and am using intuition about where to begin, and whether or not to take a break and focus

on a different area. I swear clearing clutter makes a difference in how I feel - I seriously do feel open to new things in my life and am breaking free of the old. I notice it with my bookshelf in particular. I have so much stuff to sell online that my clutter got worse in two baguas because that is where I am keeping it until it sells, and the energy there seems more stressful with the newly present clutter. But maybe I am just particularly sensitive. Since it's only been about two weeks and I'm definitely not done yet, I won't jump to conclusions about what results I will have manifested.

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